



**JANUARY 2025**



### Management Contact Information

If you have accounting questions, please contact [accounting@millsmanagementservices.com](mailto:accounting@millsmanagementservices.com). For all maintenance issues, we strongly encourage you to use the homeowner web portal. You can also submit maintenance requests to [maintenance@millsmanagementservices.com](mailto:maintenance@millsmanagementservices.com). For all other issues, please contact [admin@millsmanagementservices.com](mailto:admin@millsmanagementservices.com). Thank you. ■

### Board of Directors

If you are interested in serving on the Board of Directors, please contact the property management company for an application. All applications must be received by December 20<sup>th</sup> at 4:00 pm. ■

### Rules Reminder

Please make sure that all flags are in good shape. Tattered flags must be replaced or removed. Thank you. ■

### HOA Website

Check out our association website at [www.oceanaeast1hoa.com](http://www.oceanaeast1hoa.com)



Answers to many of your questions and a copy of documents you might need should be found at our website. Don't have a computer? No problem! There is a computer with internet access at the Clubhouse. ■

### Accounting

If you have questions about your statement or would like to discuss any accounting discrepancies, please contact us at 760-978-9609 or e-mail [accounting@millsmanagementservices.com](mailto:accounting@millsmanagementservices.com). You can also sign up for automatic withdrawal through the homeowner web portal. There is no fee to pay using your bank account. ■

## Dues Increase

Beginning January 1, 2025, dues are increasing to \$420. For those who use our ACH (automatic debit) program, please make sure that your web portal is set to pay "full balance due." Otherwise, you will need to adjust the monthly amount to reflect the new amount. For those who use bill pay through your bank, please make sure to send the updated amount. Thank you.



### Got questions? Contact us!

Oceana East 1 HOA  
c/o Mills Management Services, Inc.  
1645 S. Rancho Santa Fe Road, Ste. #208  
San Marcos, CA 92078  
Phone – 760-978-9609  
Emergency Line - 760-231-0261  
Fax – 760-230-5878  
[www.oceanaeast1hoa.com](http://www.oceanaeast1hoa.com)

### Board of Directors

Jack Guida – President  
Rob Reddy – Vice President  
Connie Coe – Treasurer  
Patricia Bristow – Secretary  
David Antonetti – Director at Large

### Property Manager

Chris Mills  
[chris@millsmanagementservices.com](mailto:chris@millsmanagementservices.com)

### Block Captains

Bay Leaf – Jan Grant  
Cinnamon – Deanna Williams  
Clove – Jan Grant  
Ginger East – Ed Fritts  
Ginger West – Carol Smith  
Parsley – Hope Ebbert  
Sesame – Paula Jones

### Committee Chairpersons

Architectural – Jan Grant  
Clubhouse – Jan Grant  
Finance – Connie Guida  
Infrastructure – Jan Grant  
Activities – Wil Bowers

# FROM THE Board

As we celebrate on January 1<sup>st</sup>, another year has come and gone and 2025 is upon us. Martin Luther King, Jr. is remembered on the 20<sup>th</sup>. January is the coldest month of the year. Thankfully, our “cold” is not much to complain about, but we can still warm up with a cup of soup!

Just a reminder: Please contact Mills Management in writing for **ALL** HOA issues. Management will pass your correspondence along to the Board for further action. Board members cannot act independently, and should not be put on the spot for answers.

The Board is working on several projects for 2025 such as renegotiating the Cox contract, resurfacing the spa, various landscape projects including the Mesa slope, exercising the water main valves and fire hydrants, yearly house trim painting, tree trimming, and replacing outdated community light fixtures. All of this requires planning and budgeting to keep our community well-maintained and welcoming.

We like to see our beautiful clubhouse used for many activities. Before your group leaves, please be sure to check your surroundings including tables and floors so someone else doesn't inherit your crumbs. Thanks!

Our next meeting will be on Tuesday, January 21, 2025, at 2 p.m. at the clubhouse. We hope you will all join us.

The Board of Directors

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## Christmas 2024 Clubhouse Decorating



Elf Carol



Elf Wil



Elf Jan

## ACTIVITIES

A lot of us resolved to take better care of ourselves in the New Year, and maybe had a few too many treats over the holidays. So, we're kicking off 2025 with a CHAIR WORKOUT session led by Wil on Thursday, January 2<sup>nd</sup>, at 10:30 a.m., and continuing each week! Let's make 2025 our healthiest year yet, or at least since qualifying for Medicare!



We will have a rousing game of CATCH PHRASE, always reliable for fun and laughter, on Sunday, January 12<sup>th</sup>, at 3 p.m.

Then at Friday Night at the Movies, we're finally having the rescheduled screening of YESTERDAY, January 17<sup>th</sup>, at 5 p.m. Beatles fans, and people who like "what if...?" stories won't want to miss this film about a struggling musician who awakens after an accident to find nobody seems to know anything about the Fab Four. Fun bits of trivia will precede the movie. Bring your own popcorn or candy!



Sunday, January 26<sup>th</sup>, at 2:30 p.m., will kick off an informal TABLE TENNIS TOURNAMENT!

Level of interest will determine whether this becomes a monthly (or more frequent) event.

And we continue to offer BRIDGE every Monday at 2 p.m., and BILLIARDS every Thursday at 2 p.m. All levels welcome at both.

Wil Bowers, Activities Committee

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Congratulations to our very own  
Carol Randall  
for being recognized for her  
excellence in volunteering.



The City of Oceanside celebrated its senior volunteer of the year nominees at the Chamber of Commerce Senior Expo. Mayor Esther Sanchez proclaimed October 10, 2024, as Carol Randall, Senior of the Year Day in the City of Oceanside to honor her volunteer service.

Carol volunteers for the Go Oceanside Senior Transportation program that provided 1,503 rides to doctor appointments and grocery shopping trips last year. Carol gave 60 rides and traveled over 1,400 miles to help seniors.







Thank you for all you do, Carol.

# January

# 2025

## OE1

## Community Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 	2 CHAIR YOGA 10:30 a.m. BILLIARDS 2-4 p.m.	3 <b>TRASH OUT TODAY</b>	4
5	6 BRIDGE 2-4 p.m. Clubhouse	7 Call a Friend 	8	9 CHAIR YOGA 10:30 a.m. BILLIARDS 2-4 p.m.	10	11 Hug your 
12 CATCH PHRASE Card game 3 p.m. Clubhouse	13 BRIDGE 2-4 p.m. Clubhouse	14	15	16 CHAIR YOGA 10:30 a.m. BILLIARDS 2-4 p.m.	17 MOVIE YESTERDAY 5 p.m. Clubhouse	18
19	20 BRIDGE 2-4 p.m. Clubhouse	21 Board Meeting Clubhouse 2 p.m.	22	23 CHAIR YOGA 10:30 a.m. BILLIARDS 2-4 p.m.	24	25 
26 PING PONG TOURNAMENT 2:30 p.m. Clubhouse	27 BRIDGE 2-4 p.m. Clubhouse	28	29	30 CHAIR YOGA 10:30 a.m. BILLIARDS 2-4 p.m.	31	

Welcome to 2025, a year I hope you find filled with peace, contentment, and of course, SAFETY! During this new beginning, I'd like you to consider that we're not simply navigating a *new* year, but *another* year spent sharing life together as a community. As we navigate the golden years of our lives, the importance of community and connection only grows stronger. Here in OE1, we have a unique opportunity to foster an environment where kindness thrives, enriching the lives of everyone around us.



Kindness, at its core, is simply the act of caring for one another. It's about showing empathy, compassion, and respect to our neighbors, even in the smallest of ways. Whether it's a friendly smile, a helping hand, or a listening ear, these seemingly small gestures can have a profound impact on those around us.

Think about a time when someone went out of their way to show you kindness. Perhaps a neighbor helped you carry groceries, or a friend offered a comforting word during a difficult time. Remember how that act made you feel – seen, valued, and cared for. Now imagine being the one to spread that warmth and positivity.

In our community, kindness can take on many forms. It might be checking in on a neighbor who lives alone, offering to help with a small chore, or simply taking the time to have a conversation and truly listen. It could also mean being patient and understanding when someone is having a bad day, or offering a helping hand at community events.

The beauty of kindness is that it creates a ripple effect. When we show kindness to others, they are more likely to pay it forward, creating a chain reaction of positivity that strengthens our entire community. This sense of connection and support can be especially important as we age, providing a sense of belonging and purpose.

Furthermore, studies have shown that practicing kindness has numerous benefits for our own well-being. It can reduce stress, boost our mood, and even improve our physical health. By cultivating a kind and compassionate mindset, we not only enhance the lives of those around us but also contribute to our own happiness and longevity.

In the words of Bishop Desmond TuTu, "Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world." Let's embrace this philosophy and make our community a beacon of kindness, where everyone feels valued, respected, and supported. After all, we're all in this together, and by showing kindness to one another, we create a richer, more fulfilling experience for ourselves and for generations to come.

Be safe (and kind),

Dave Antonetti, OE1 Director at Large

## TACO SOUP

(Alias chili!)



Brown 2 pounds of ground beef OR turkey with 1 large onion, 2 celery stalks and 1 green pepper. Drain.

Add the following:

- 1 can pinto beans
- 1 can drained corn
- 1 can Ranch-style beans
- 1 can black beans
- 1 can Rotel Tomatoes original
- 1 large can diced stewed or crushed tomatoes with juice
- 4 oz can diced green chilis
- 1 quart water
- 2 packages taco seasoning
- 1 package original ranch dressing mix

Stir all together. Put in 325° oven for 2-1/2 – 3 hours. Stir hourly.

Serve with sour cream, shredded cheese, and corn chips.

NOTES:

This can also go in the crockpot on low for about 6 hours.

Adjust spices, green chili, and Rotel tomatoes to tame the “heat” if needed.

ALEXA...TELL ME A JOKE!

- I never finish anything. I have a black belt in partial arts.
  - I wish I was as thin as my patience.
- Joe's Radiator...a perfect place to take a leak.
  - Research shows that 6 out of 7 dwarfs aren't happy.
- Old age is like underwear. It creeps up on you.
  - Electricians must strip to make ends meet.
- A bike in town keeps running me over...it's a vicious cycle.
  - I have a chicken-proof lawn. It's impeccable.
- Coming soon; Star Wars 12. Luke needs a walker.
  - Our mountains aren't just funny. They are hill areas.
- My friend David had his ID stolen. Now he's just Dav.
  - When the smog lifts in California, UCLA
- I have an Elton John pun...it's a little bit funny.
  - Kitchen remodelers are counterproductive.

I don't know who needs to know this, but even if a bear wears socks and shoes, he still has bear feet.



My husband and I both have colds. The only difference is that I'm cleaning the kitchen, and he's on the couch moaning and groaning.



My wife called me to tell me she saw a fox on the way to work. I asked her how she knew he was on his way to work? She hung up on me!

I'm sorry. I didn't mean to push all of your buttons. I was looking for mute.

Studies show that women who carry a little extra weight live longer than men who mention it.



What do you call two ducks and a cow?  
Quackers and milk!



I never dreamed I would grow up to be a crazy old lady. But here I am, killing it.

Nobody told me that when you get a husband, the ears are sold separately.



She danced like no one was watching...but they were watching, and she looked like she had had 12 shots of Jack Daniels, and just walked into a spider web!

